

# APPENDIX 4: GROCERY STORE PRICING FORM

Updated January 2012

Store \_\_\_\_\_ Location \_\_\_\_\_ Month \_\_\_\_\_ Year \_\_\_\_\_

- # Grocery Items** **Price**
1. **T-BONE STEAK** \_\_\_\_\_  
Price per pound
  2. **GROUND BEEF OR HAMBURGER MEAT** \_\_\_\_\_  
Price per pound, lowest price  
(min 80% lean)
  3. **PORK SAUSAGE** Size: \_\_\_\_\_ oz.  
1 lb. pkg. package, Price: \_\_\_\_\_  
Jimmy Dean or Owen brand
  4. **FRYING CHICKEN** \_\_\_\_\_  
Whole uncut: price per pound, lowest price
  5. **CHUNK LIGHT TUNA** \_\_\_\_\_  
5 oz or 6.0 oz. can, Starkist or Chicken of the Sea
  6. **WHOLE MILK** \_\_\_\_\_  
1/2 gallon, lowest price
  7. **EGGS** \_\_\_\_\_  
1 dozen, grade A or AA, large
  8. **MARGARINE** \_\_\_\_\_  
1 lb., Blue Bonnet or Parkay, stick form
  9. **PARMESAN CHEESE, GRATED** \_\_\_\_\_  
8 oz. canister, Kraft brand
  10. **POTATOES** \_\_\_\_\_  
5 lb. sack, white or red, lowest price
  11. **BANANAS** \_\_\_\_\_  
Price per pound
  12. **ICEBERG LETTUCE** \_\_\_\_\_  
Head (approximately 1-1/4 lb.)
  13. **WHITE BREAD** Size: \_\_\_\_\_ oz.  
Price loaf with **lowest** Price: \_\_\_\_\_
  14. **FRESH ORANGE JUICE** \_\_\_\_\_  
59 or 64 Tropicana or  
Florida Natural Brand, lowest price
  15. **COFFEE, VACUUM-PACKED** \_\_\_\_\_  
11 to 11.5 oz. can or brick, Maxwell House, Hills  
Brothers, or Folgers
  16. **SUGAR, WHITE** Size: \_\_\_\_\_ lbs.  
4-5 lb., cane or beet, Price: \_\_\_\_\_  
lowest price sack
  17. **CORN FLAKES** \_\_\_\_\_  
18 oz., Kellogg's or Post Toasties
  18. **SWEET PEAS** \_\_\_\_\_  
15oz. can, Del Monte or Green Giant

19. **PEACHES** \_\_\_\_\_  
29 oz. can, Hunt's, Del Monte, Libby's,  
halves or slices
20. **FACIAL TISSUE** \_\_\_\_\_  
184 or 200-count box, Kleenex brand
21. **DISHWASHING POWDER** Size: \_\_\_\_\_ oz.  
75 oz., Cascade brand Price: \_\_\_\_\_  
**powder**, not liquid)
22. **CANOLA OIL** \_\_\_\_\_  
48 oz. bottle,  
Store brand
23. **FROZEN PREPARED FOOD** \_\_\_\_\_  
8 to 10 oz frozen chicken entrée, Healthy  
Choice or Lean Cuisine brand
24. **FROZEN CORN** \_\_\_\_\_  
16 oz. sack, whole kernel, lowest price
25. **POTATO CHIPS** Size: \_\_\_\_\_ oz.  
11.5 or 20 oz plain potato chips, Price: \_\_\_\_\_  
Lay's brand
26. **SOFT DRINK** \_\_\_\_\_  
2 liter Coca-Cola, excluding deposit if any

- # Health Care Item** **Price**
41. **NON-PRESCRIPTION DRUGS** \_\_\_\_\_  
Advil Tablet, 200 mg. 100 Tablets
  42. **PRESCRIPTION DRUGS** \_\_\_\_\_  
Lipitor 20 mg., 30 tablets

- # Miscellaneous Items** **Price**
48. **TOOTHPASTE** \_\_\_\_\_  
6 oz. – 6.4 oz. tube, Crest or Colgate
  49. **SHAMPOO** \_\_\_\_\_  
15 oz. bottle, Alberto VO5 brand
  58. **TENNIS BALLS (if available)** \_\_\_\_\_  
Wilson or Penn brand, can of 3 extra-duty balls
  60. **BEER (if available)** \_\_\_\_\_  
Heineken's, 6-pack, 12 oz. containers,
  61. **WINE (if available)** \_\_\_\_\_  
1.5 liter bottle white table wine, any  
brand, any style.