

PRESS RELEASE - For Immediate Release

ACCRA COST OF LIVING INDEX

Among the 320 urban areas that have participated in the second quarter 2009 *ACCRA Cost of Living Index*, the after-tax cost for a professional/managerial **standard of living ranged from more than twice the national average in New York (Manhattan) NY to almost 17 percent below the national average in Douglas GA.** The *ACCRA Cost of Living Index* is published quarterly by C2ER – The Council for Community and Economic Research.

The Ten Most and Least Expensive Urban Areas in the ACCRA Cost of Living Index (COLI)

Second Quarter 2009

National Average for 320 Urban Areas = 100

Most Expensive			Least Expensive		
Ranking	Urban Areas	COL Index	Ranking	Urban Areas	COL Index
1	New York (Manhattan) NY	217.5	1	Douglas GA	83.4
2	New York (Brooklyn) NY	176.4	2	Pryor Creek OK	83.8
3	Honolulu HI	164.9	3	Springfield IL	84.3
4	San Francisco CA	162.7	4	Pueblo CO	84.5
5	New York (Queens) NY	157.7	5	Broken Arrow OK	84.9
6	San Jose CA	156.1	6	Martinsville-Henry County VA	85.5
7	Truckee CA	148.4	7	Fort Smith AR	85.6
8	Stamford CT	147.6	8	Harlingen TX	85.8
9	Orange County CA	147.3	9	Garden City KS	86.0
10	Nassau County NY	144.6	10	Joplin MO	86.1

The *ACCRA Cost of Living Index* measures regional differences in the cost of consumer goods and services, excluding taxes and non-consumer expenditures, for professional and managerial households in the top income quintile. It is based on more than 90,000 prices covering 60 different items for which prices are collected quarterly by chambers of commerce, economic development organizations or university applied economic centers in each participating urban area. Small differences should not be interpreted as showing a measurable difference.

The composite index is based on six components – housing, utilities, grocery items, transportation, health care and miscellaneous goods and services.

Who has the least expensive health care?

Each quarter, C2ER collects more than 90,000 prices from communities across the US for the COLI. This quarter, C2ER features communities with the most and least expensive health care as measured by the health care index number. C2ER collects data on five separate items to represent the health care component of the index.

**The Five Most and Least Expensive Places for Health Care by Index Number
in the ACCRA Cost of Living Index (COLI)
Second Quarter 2009
Average for 320 Urban Areas = 100**

Most Expensive			Least Expensive		
Ranking	Urban Areas	Index	Ranking	Urban Areas	Index
1	Fairbanks AK	144.0	1	Dothan AL	79.9
2	Juneau AK	140.3	2	Cedar City UT	81.7
3	New York (Manhattan) NY	130.4	3	Hastings NE	82.0
4	Kodiak AK	129.1	4	Hot Springs AR	83.7
5	Anchorage AK	125.3	5	Joplin MO	84.5

T-Bone Steak Prices

It's the height of the summer season and many of us are thinking of steak on the grill. In honor of this time-honored summer ritual, C2ER is highlighting average per pound prices for t-bone steak as submitted by our participants. Below is a list of the five most expensive, and five least expensive places to buy t-bone steaks among our 320 second quarter participants.

**The Five Most and Least Expensive Places for T-Bone Steak
Second Quarter 2009
National Average for 320 Urban Areas = \$8.84/lb.**

Most Expensive			Least Expensive		
Ranking	Urban Areas	Avg. Price	Ranking	Urban Areas	Avg. Price
1	New York (Manhattan) NY	14.99	1	McAllen TX	5.99
2	Minneapolis MN	13.49	2	Charleston WV	6.19
3	St. Paul MN	12.16	3	Carlsbad NM	6.25
4	San Jose CA	11.59	4	Louisville KY	6.39
5	New York (Brooklyn) NY	11.57	5	Vancouver WA	6.62

The quarterly ACCRA Cost of Living Index is available by subscription for \$165 per year for the print version and \$150 per year for the PDF. The electronic version is available for \$250 per year. Send check, payable to C2ER, P.O. Box 100127, Arlington VA 22210-0407, or subscribe on the Internet at www.coli.org.

If you need additional information on the ACCRA Cost of Living Index or other COLI-related products such as the COLI Web Calculator and the COLI Historical Index, please contact Dean Frutiger at dfrutiger@c2er.org or Erol Yildirim at ey@c2er.org or by phone at 703-522-4980.